

Sports Facilities at United University

United University offers a comprehensive range of **indoor and outdoor sports facilities**, complemented by **excellent and world-class infrastructure**, creating an ideal environment that promotes **physical well-being and a healthy lifestyle** for both students and faculty members.

A. Outdoor Facilities

The university boasts expansive outdoor spaces and well-maintained grounds for various sports, including:

1. **Cricket Ground** – A professionally maintained pitch for practice and inter-college tournaments.
2. **Football Ground** – A full-sized field equipped for regular matches and training sessions.
3. **Basketball Court** – Outdoor courts with proper markings and night lighting.
4. **Volleyball Court** – Dedicated sand and hard courts for both practice and competitions.
5. **Athletics Track** – A spacious track supporting running and other field events for fitness and competitive athletics.

B. Indoor Facilities

United University is equally committed to providing world-class indoor sporting arenas that include:

1. **Badminton Courts** – High-quality synthetic flooring and lighting suitable for professional play.
2. **Table Tennis** – Multiple tables for casual and competitive play, with ample spectator space.
3. **Carrom and Chess Rooms** – Quiet, designated spaces that foster mental sports and strategic thinking.
4. **Fitness Centre and Gymnasium** – Modern equipment supporting strength, endurance, and flexibility training.

C. Infrastructure and Environment

United University prides itself on offering a **vibrant sports culture** through its:

1. **Well-trained coaches and mentors**
2. **Organized sports events and inter-university tournaments**
3. **Clean and safe sports zones**
4. **Accessible facilities for all students and faculty**

These amenities provide an **immense environment for holistic development**, ensuring students not only excel academically but also lead **physically active and balanced lives**.



